

SAFETY MEETING TOPIC

This form shall be completed and kept on file

Job Name _____ Location _____ Job No. _____
Meeting Leader _____ Title _____
Date Held _____ Place _____ Time _____
Subject of Meeting EMERGENCIES AND FIRST AID TREATMENT

First and foremost, if you do not know how to provide first aid or how to treat the injury DO NOT TRY IT. Often times the wrong treatment aggravates the injury. GET MEDICAL HELP.

In the event of a serious injury, do not move the victim except in those circumstances where additional injuries are possible such as a fire.

Keep the victim as comfortably warm as possible. Stay calm and try to get the injured to be calm.

Check for external bleeding. Apply pressure with a sterile pad. If bleeding will not stop, apply pressure at a point closer to the heart.

If the person has stopped breathing, start artificial respiration immediately. For cardiac arrest, use cardiopulmonary resuscitation (CPR).

If the individual has suffered the injury because of chemicals, identify the chemical and get the Material Data Safety Sheet (MSDS) and either follow instructions or have it available for the Medical help.

Minor injuries such as cuts and scrapes require prompt attention also. Infections can grow to something very serious.

Remember, ALL injuries, no matter how minor, MUST be reported as soon as possible and MUST be reported ON THE SAME DAY OF THE INJURY.

THE BEST FIRST AID IS TO ALWAYS BE ALERT AND TO WORK SAFELY.